









September-December 201
September-December Schedule
Activity & Class Schedule

Activity Get out! Get Active!

Get wp! Get out!

LS-0108-08-10 MD GA 20654

**FELL 2010** 

# September-December

eisure Connection

orenzi Adaptive Recreation Center

Paralympic Sport Club of Las Vegas

CITY OF LAS VEGAS Living...Beyond The Neon

# **Adaptive Recreation**

749 Veterans Memorial Drive Las Vegas, NV 89101

# Special Events

### **CAMP CAL**

Travel with us to Calabasas, Calif., for this five-day, four-night residential camp for adults ages 22 years and older. Everyone will participate in activities to help promote independence and social skills. Activities include sports, arts and crafts, hiking and daily trips to Zuma Beach. Call Jennifer at 229-5177 for more information and to be placed on the mailing list.

Date: Monday-Friday, Sept. 13-17

\$400 per person



Kick off the holiday season with a night of music, dancing, food and fun. Call Jennifer at 229-5177 for more information. RSVP by Dec. 10.

Saturday, Dec. 18 Date: 7 - 10 p.m.Time: \$20 per person Fee:

Lieburn Senior Center, 6230 Garwood Ave. Location:





# Adaptive Recreation Programs

## Leisure Connection, 229-5177

Leisure Connection is a social group for adults 22 years and older with developmental disabilities. Community outings are planned each month to assist high functioning adults with social skills and independence in the community. Activities include bowling, movies, lunch/dinner outings, sports events and leisure education classes. Please call to be placed on the activity schedule mailing list.

# New A.G.E., 229-5177

New A.G.E. "after work" recreation program for adults, ages 22 years and older, with developmental disabilities. The program offers a variety of activities and special events that promote individuality, selfesteem and independence. Please call for registration packet and information.

Session: Aug. 30-Dec. 17

Monday, Wednesday, Friday: 1:30-5:30 p.m.

at Lorenzi Park

Tuesday & Thursday: 2:30-4:30 p.m. at Santa Fe Bowling Alley

Closed: All major holidays and staff development days at Opportunity Village

Fee: 1-3 days \$21

4 days \$28 5 days \$35

# Lorenzi Adaptive Recreation Center Call 229-6358 or 229-4905

The Lorenzi Adaptive Recreation Center provides recreational programming for youth of all abilities aged 7-21. Participants will enjoy a new recreation experience every week, community outings, sports, games, arts and crafts, swimming, movies, friends and all around fun. Please call for registration packet and information.

Session: Aug. 30-Dec. 17

Open: Monday-Friday • 1-6 p.m. Closed: Sept. 6, Oct. 8, Oct. 29;

> Nov. 1, 2, 11, 12, 25, 26; Dec. 20 through 31 1-3 days: \$27 • 4 days: \$36 • 5 days: \$45

Lorenzi Park will be closing in Spring 2011 for reconstruction.

We will keep you posted as more information becomes available.

Fee:





# Outreach Programs



F.L.O.A.T., 229-4902

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities.

#### **One-on-One Swim Lessons**

Our private instruction is designed to meet the needs of people of all abilities. The lessons are based on the American Red Cross' Learn to Swim Program.

Six- 30 minute lessons \$100

Ages: 3+ Call to register





#### **Aquatic Therapy**

This course is designed to strengthen mobility, coordination, balance, endurance, flexibility and core stability using a variety of aquatic techniques. Therapy is offered in private and group settings. Please call for more information.

Ages: 3+

#### **Group/Instructional Swim**

This program provides swim instruction, life skills and recreational opportunities to a variety of community agencies. If you are interested in having your group participate, please call for more information.





# **Vegas Vision**

Individuals ages 7 and up with visual impairments may participate in a variety of activities, including tandem bike rides, goal ball, swimming, rock climbing, fishing and special outings. Call 229-4904 for more information.

## Disability Awareness/Sensitivity Training

We provide disability awareness and sensitivity training presentations to outside agencies, organizations and interest groups. Call 229-4904 for more information.

## **USOC Paralympic Grant**

Injured service members, whether active or inactive, are eligible to participate in various recreation and leisure time activities at no cost through a grant by the NRPA's USOC Paralympic Grant Initiative. Contact Bernard Preston at 229-4904 or bpreston@lasvegasnevada.gov for more information.

Fee: \$5 per person

(Pre-registration is required)



#### G.O.L.F.

Golf Offers Lifetime Fun is a seasonal golf program for individuals of all abilities ages 12 and older who would like to attain the knowledge and understanding of basic mechanics in the golf swing. Participants can learn the game, improve strength and skills, and gain self-confidence. Group Sessions (1 hour class) \$3 per student.

# Paralympic Sports Olub Las Vegas

Paralympic Sports Club Las Vegas, in conjunction with the Clark County School District, is a sports program designed for children and adults with physical disabilities that offers sports training and competitions throughout Southern Nevada. Our mission is to maximize the potential of people (grades 1-12) with physical disabilities through sports.

For more information on the programs below, contact Jonathan Foster at 229-4796 or jfoster@lasvegasnevada.gov.

Activities include, but are not limited to, basketball, tennis, handcycling, table tennis, softball, quad rugby, over-the-line, bocce ball, swimming, track and field, and general fitness.

Wheelchair Basketball Team Practice

Tuesday and Thursday, 6-8:30 p.m.

Sept. 14-Dec. 9

Fremont middle School

**Quad Rugby Team Practice** 

Fridays 5:30-7:30 p.m. Sept. 10-Dec. 17

Chuck Minker Sports Complex

#### **Activity nights**

Wednesdays, 5-8 p.m.

Sept. 22 Rancho High

Oct. 20 Miracle League Fields

Nov. 17 Rancho High

Dec. 15 LV Ice Center

No Cost - Kindergarten

through grade 12

Division III Wheelchair Basketball Tournament

Dec. 11, 8 a.m.-8 p.m.

Dec. 12, 8 a.m.-3 p.m.

UNLV

\$35 registration fee per team





#### Wheelchair Over-the-Line Tournament

Nov. 20, 9 a.m.-5 p.m.

John Chamber Wheelchair Sports Park

PARALYMPIC

SPORT

**LAS VEGAS** 

\$20 registration per team

Ages 18 and up

#### **Adaptive Cycle club**

Saturdays, 8 a.m.-1 p.m.

Sept. 18

Oct. 2

Oct. 16

Nov. 20

Nov. 27

Bunker Park

\$5 All ages

#### **Nevada PVA Trap Shoot**

Sept. 24-26 • 8 a.m.-4 p.m.

No cost - Paralyzed Veterans Clark County shooting range

Nevada PVA Bowling Tournament

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Dec. 2-5 • 10 a.m.-5 p.m.

No cost - Paralyzed Veterans

**Texas Station** 

# Project D.I.R.T., 229-4796

#### **Fishing Clinics**

7 a.m.-1 p.m. Oct. 2 & 23

Floyd Lamb State Park

All ages \$5

**Tent Camp** 

Nov. 13-14 • 9 a.m. drop off -2 p.m. pick up

Valley of Fire

Ages 22 and up

\$85 338528

Min. 6, max. 14





## ADAPTIVE RECREATION

Ed Jost, Manager Cindy Moyes - Supervisor SENIOR ADAPTIVE RECREATION LEADER Jonathan Foster Bernard Preston, MS, CRC Jennifer A. Winder, CTRS